

ESB Level 1 Award in Speech (Grade 2) Speech for Employability – 2.4 –
Teacher Guidance – Non-Verbal Communication

Learning Objective	To practise using non-verbal communication and evaluate its impact.
Delivery	<p>Activity 1: Facial Expressions</p> <ol style="list-style-type: none"> 1. Pair up: learners should work in pairs for this activity where possible. 2. Question one another: learners should ask one another interview-style questions (there are examples in the workbook). 3. Pick a card: Before they answer each question, learners should choose an 'emotion card'. Whilst giving their answer, they should try to facially express the emotion on the card. 4. Impact: both learners should assess the impact of facial expression on the answer given. <p>Activity 2: Partner Mirroring</p> <ol style="list-style-type: none"> 1. Find a space: Learners find a clear space in the room where they can stand facing each other with enough room to move around comfortably. 2. Decide Who Starts: In each pair, decide who will be the "Leader" and who will be the "Follower" for the first round. Learners can take turns being the Leader in subsequent rounds. 3. Start Mirroring: The Leader will begin by making slow and deliberate movements, such as raising their arm, waving, or taking a step forward. The Follower's task is to mirror the Leader's movements as closely as possible. 4. Switch Roles: After a minute or two of mirroring, switch roles. Now the Follower becomes the Leader, and vice versa. 5. Try Different Speeds: As they get comfortable with mirroring, learners can experiment with different movement speeds. Try slow, flowing movements or quick, playful motions. 6. Express Emotions: Add emotions to the mirroring. For example, mirror someone who looks happy, sad, surprised, or scared. 7. Use Eye Contact: If you are comfortable to, maintain eye contact with your partner as you mirror each other. Eye contact enhances the connection and communication in the activity.

	<p>8. Switch Partners: if time permits, mix up the pairs and repeat the activity with new partners. Each partner pairing offers a unique experience in mirroring and communication.</p> <p>Activity 3: Positive and Negative</p> <ol style="list-style-type: none"> 1. Get into groups: Learners arrange themselves into groups of at least three. They will be taking it in turns to be the speaker. 2. Roles: Give each learner a card with their role on it. There are two roles: engaged and disinterested. Learners should keep their role secret. 3. Storytelling: Learners should tell a story to the others in their group. This could be anything – their last family holiday, a happy memory, something dramatic that has happened to them, the plot of their favourite game, book, or film. 4. Responding in role: the other two (or more) learners should respond to the storyteller as per their role-card. They don't have to use all of the techniques at once, they could use one per listener, or swap roles after each turn. 5. Reflect: once all learners have had a turn being the storyteller, the group should discuss and reflect on their experience using the prompts in the workbook.
Additional Resources	
Notes	<p>We are aware that some learners, for a range of reasons, may find use of body language and eye contact a challenge. We aim to make our assessments accessible to all, so please be sure to look at our Equality, Diversity, Inclusion and Safeguarding page to find out more about the Reasonable Adjustments you can apply for and our Reasonable Adjustment Policy.</p> <p>If you would like to discuss individual cases with us in more detail, please contact product@esbuk.org.</p>

Activity 1: Emotion Cards

<i>Happy</i>	<i>Sad</i>	<i>Scared</i>	<i>Angry</i>
<i>Nervous</i>	<i>Disgusted</i>	<i>Confused</i>	<i>Frustrated</i>
<i>Curious</i>	<i>Calm</i>	<i>Proud</i>	<i>Bored</i>
<i>Embarrassed</i>	<i>Confident</i>	<i>Determined</i>	<i>Reluctant</i>

Activity 3: Role Cards

<p>Engaged:</p> <ul style="list-style-type: none">• Give thumbs up or show enthusiasm with hand movements.• Look directly at the storyteller while nodding and smiling.• Express joy, surprise, or empathy through facial expressions.	<p>Engaged:</p> <ul style="list-style-type: none">• Sit or stand with a slight forward lean to show active interest.• Show appreciation with light applause or clapping.• Subtly mimic the storyteller's gestures and expressions to show empathy.
<p>Disinterested:</p> <ul style="list-style-type: none">• Look around the room or at your nails instead of at the storyteller.• Exaggerate a yawn to show boredom.• Play with pens, paper, or any nearby objects to appear distracted.	<p>Disinterested:</p> <ul style="list-style-type: none">• Give a heavy sigh or tap fingers impatiently on a surface.• Pretend to check your watch or phone during the story.• Appear disengaged by slouching in your chair or leaning away from the storyteller.